













# Spring Summer 24 – Week One

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct



WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal (RED)</b>	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread 	All Day Pork Sausage Breakfast served with Baked Omelette, Country Diced Potatoes & Baked Beans or Sweetcorn	Chicken Pie & Mashed Potatoes	Creamy Korma Style Chicken & Lentil Curry served with Mixed Rice 	Friday Fish Fingers served with Chips & Tomato Ketchup 
<b>Halal (BLUE)</b>	N/A	Halal All Day Chicken Sausage Breakfast served with Baked Omelette, Country Diced Potatoes & Baked Beans or Sweetcorn	Halal Chicken Pie with Mashed Potatoes	Halal Creamy Korma Style Chicken & Lentil Curry served with Mixed Rice 	N/A
<b>Vegetarian (GREEN)</b>	Creamy Vegetable Penne Pasta Carbonara 	All Day Veggie Sausage Breakfast Served with Country Diced Potatoes & Baked Beans or Sweetcorn	Veg mince & Vegetable Pie served with Mashed Potato 	Cauliflower Cheese & Pasta Bake 	Quiche Served with Chips & Tomato Ketchup
<b>Jacket or Bap (YELLOW)</b>	Jacket Potato with Tuna 	Cheese Bap	Jacket Potato with Cheese	Ham Bap	Jacket Potato with Tuna 
<b>Vegetables</b>	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
<b>Dessert</b>	Marble Sponge & Custard	Chocolate Shortbread Biscuits & Fruit Slices 	Iced Banana Traybake 	Oat & Raisin Cookie (Ve) & Fresh Watermelon Slice 	Chocolate Ice Cream

**Available Daily:** Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



















**Our desserts meet Public Health England's target for 'free sugar' intake for your child.**

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

# Spring Summer 24 – Week Two

22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct



WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal (RED)</b>	Macaroni Cheese	Summer Hot Dog Baguette served with Freshly Made Coleslaw Salad 	Roast Chicken served with Skin on Roast Potatoes & Gravy 	Beef Bolognese & Penne Pasta 	Friday Fish Fingers served with Chips & Tomato Ketchup
<b>Halal (BLUE)</b>	N/A	Halal Summer Hot Dog Baguette served with Freshly Made Coleslaw Salad 	Halal Roast Chicken served with Skin on Roast Potatoes & Gravy 	Halal Beef Bolognese & Penne Pasta 	N/A
<b>Vegetarian (GREEN)</b>	Vegetable Enchiladas Served with a portion of Sunny Vegetable Rice 	Summer Veggie Sausage Hot Dog Baguette Served with Freshly Made Coleslaw Salad 	Vegemince Cottage Pie 	Veggie Mince Bolognese & Penne Pasta 	Cheese & Onion Puff Pastry Roll Served with Chips & Tomato Ketchup
<b>Jacket or Bap (YELLOW)</b>	Jacket Potato with Cheese	Ham Bap	Jacket Potato with Tuna 	Cheese Bap	Jacket Potato with Beans
<b>Vegetables</b>	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
<b>Dessert</b>	Ginger & Mandarin Traybake 	Strawberry Jelly (Ve) 	Freshly Baked Chocolate Cookie (Ve) 	Flapjack Finger (Ve) With a fresh slice of Watermelon 	Homemade Shortbread Biscuits (Ve) 

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



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Oily fish


















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# Spring Summer 24 – Week Three

29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct



WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal (RED)</b>	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread 	Farm Assured Pork Sausage Roll with Homemade Skin on Baked Potato Wedges 	Gently Spiced Moroccan Chicken Tagine served with Summer Vegetable Rainbow Cous Cous 	Korean Style Sticky BBQ Chicken & Vegetables served with Noodles 	Friday Fish Fingers served with Chips & Tomato Ketchup
<b>Halal (BLUE)</b>	N/A	Halal Chicken Sausage Roll with Homemade Skin on Baked Potato Wedges	Halal Chicken Tagine served with Summer Vegetable Rainbow Cous Cous 	Halal Korean Style Sticky BBQ Chicken & Vegetables served with Noodles 	N/A
<b>Vegetarian (GREEN)</b>	Mildly Spiced Vegetable Chilli & Rice 	Cheese & Onion Puff Pastry Roll served with Homemade Skin on Baked Potato Wedges	Gently Spiced Moroccan Roasted Chickpea Tagine served with Summer Vegetable Rainbow Cous Cous 	Korean Style Sticky BBQ Quorn, Vegetables & Noodles 	Homemade Cheese & Tomato Pizza Whirl & Chips
<b>Jacket or Bap (YELLOW)</b>	Jacket Potato with Tuna 	Ham Bap	Jacket Potato with Cheese	Tuna Bap 	Jacket Potato with Beans
<b>Vegetables</b>	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
<b>Dessert</b>	Baked Apple Sponge served with Custard 	Tutti Frutti Jelly and Mandarins (Ve) 	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon & Blueberry Yoghurt Cake 	Homemade Flapjack (Ve) 

**Available Daily:** Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



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